# Table of Contents

1. NBA Sets ......................................................... 2
2. NCAA Sets .................................................... 39
3. High School Sets ............................................. 67
# NBA Sets

## Table of Contents

<table>
<thead>
<tr>
<th>Set Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1976 Lakers &quot;5 Set 52&quot;</td>
<td>4</td>
</tr>
<tr>
<td>1976 Lakers &quot;5 Set Cross&quot;</td>
<td>5</td>
</tr>
<tr>
<td>1976 Lakers &quot;5 Set Swing&quot;</td>
<td>6</td>
</tr>
<tr>
<td>1976 Lakers &quot;Fist Up&quot; Option 1</td>
<td>7</td>
</tr>
<tr>
<td>1976 Lakers &quot;Fist Up&quot; Option 2</td>
<td>8</td>
</tr>
<tr>
<td>Boston Celtics &quot;Up&quot;</td>
<td>9</td>
</tr>
<tr>
<td>Hubie Brown &quot;Through&quot;</td>
<td>11</td>
</tr>
<tr>
<td>Larry Brown &quot;Zipper Clear Out&quot;</td>
<td>12</td>
</tr>
<tr>
<td>Larry Brown &quot;Zipper 3 Lob&quot;</td>
<td>14</td>
</tr>
<tr>
<td>Larry Brown &quot;Zipper Backdoor 2&quot;</td>
<td>15</td>
</tr>
<tr>
<td>Larry Brown &quot;Zipper Flex&quot;</td>
<td>16</td>
</tr>
<tr>
<td>Larry Brown &quot;Zipper Hand-Off&quot;</td>
<td>17</td>
</tr>
<tr>
<td>Miami Heat &quot;1-4 High Curl&quot;</td>
<td>18</td>
</tr>
<tr>
<td>Miami Heat &quot;1 Chest Get&quot;</td>
<td>19</td>
</tr>
<tr>
<td>Miami Heat &quot;14&quot;</td>
<td>20</td>
</tr>
<tr>
<td>Miami Heat &quot;High Ball Screen&quot;</td>
<td>21</td>
</tr>
<tr>
<td>Pheonix Suns &quot;Same&quot;</td>
<td>23</td>
</tr>
</tbody>
</table>
NBA Sets - Contents (cont.)

Tony Barone "Stong with Flex"  
Nuggets Early Ball Screen Slip Action  
Lob Quick Hitter  
Heat A Set Flex Action  
Bulls Corner Ball Screen Action  
Wing Ball Screen Action  
Flex Action with Hand-Off  
Indiana 3 Point Quick Hitter  
Indiana High Ball Screen Action  
Single Stagger Set
NBA Sets

1976 Lakers "5 Set 52"

- 2 cuts off of a back screen set by 4

- Rather than shaping up, 4 sets a wing ball screen for 1
- 2 comes off of a double staggered screen from 3 and 5
NBA Sets
1976 Lakers "5 Set Cross"

- 2 cuts off of a back screen from 4
- 4 shapes up

- Rather than reversing the ball back to 4, 1 looks for 3 coming off of a cross screen from 2
NBA Sets

1976 Lakers "5 Set Swing"

- 4 back screens for 2 to cut to the ball side block
- 5 down screens for 3 to pop to the wing

- Ball gets reversed to 3
- 5 posts up hard
- 2 sets a back screen for 4 to look for the lob from 3
NBA Sets
1976 Lakers "Fist Up" Option 1

- 1 uses double staggered from 3 and 5
- 5 slips to the low block
NBA Sets
1976 Lakers "Fist Up" Option 2

- If the defense starts to cheat over the screen, 1 fakes up and then goes under the screen
- 5 flashes back to the ball
NBA Sets
Boston Celtics "Up"

- 5 flashes high to receive ball from 1
- 1 shallow cuts to the opposite wing
- 2 cuts to the corner and 4 cuts to the opposite low block

- 3 flashes to receive pass from 5
NBA Sets
Boston Celtics "Up"

- 5 follows his pass to set a ball screen
- 3 can look to score, dump to 4, hit 5 on the roll, kick to the shooter in the corner or kick to 1
NBA Sets

Hubie Brown "Through"

- 1 passes to to 2 at the wing
- 1 cuts to the opposite corner
- 4 fills the ball side slot
- 3 flashes

- Ball gets reversed to 4 who dribbles toward the opposite wing to create a good passing angle for 5 who is coming off of a cross screen from 3
NBA Sets

Larry Brown "Zipper Clear Out"

- 1 dribble entries to the right wing
- 4 down screens for 2 to pop to the wing

- 4 sets a shuffle screen for 5 to cut to the block
NBA Sets
Larry Brown "Zipper Clear Out"
NBA Sets
Larry Brown "Zipper 3 Lob"

- 1 dribble entries to the right wing
- 4 down screens for 2 to pop to the wing
- Ball gets passed to 2

- 5 cuts to the high post
- 4 back screens for 3
- 3 needs to cut high first to set up his defender
NBA Sets
Larry Brown "Zipper Backdoor 2"

- 1 dribble entries to the right wing
- 4 down screens for 2 to pop to the key

- 2 back cuts on the defensive over play
- 5 banana screens for 3 to pop to the key
NBA Sets
Larry Brown "Zipper Flex"

- 1 dribble entries to the right wing
- 4 sets down screen for 2 to pop to the key
- 5 cuts to the low block
- Ball is passed to 2
- 4 clears to corner

- 5 sets a flex screen for 4
- 5 pops back to the ball
NBA Sets

Larry Brown "Zipper Hand-Off"

- 1 dribble entries to the right wing
- 4 down screens for 2 to pop to the key
- 5 cuts to the low block

- 4 clears out to the corner
- Ball is reversed to 2 who dribbles towards 3 for a dribble hand-off
- 5 cuts to the opposite block
NBA Sets

Miami Heat "1-4 High Curl"

- 1 passes to 2 and UCLA cuts to the opposite block

- 5 shapes up and receives the ball from 2
- 4 down screens for 3 to curl cut and receive the ball from 5
NBA Sets

Miami Heat "1 Chest Get"

- 1 and 3 use screens to cut to the wing
- Ball gets passed to 1

- 4 sets a wing ball screen
- 5 cuts to the post
- 2 and 3 space out
NBA Sets

Miami Heat "14"

- 1 uses a wing ball screen from 4
- 5 and 3 set a staggered screen for 2 to pop to the 3 point line
- 1 can look to score, kick to 2, hit 5 on the slip, or hit 4 on the roll
NBA Sets

Miami Heat "High Ball Screen"

- 2 receives ball from 1
- 1 cuts to the opposite corner
- 4 flashes to elbow and 3 fills top of key

- 2 passes to 3 and then cuts to the opposite wing
- 5 clears to opposite block
- 4 comes to set high ball screen for 3
NBA Sets

Miami Heat "High Ball Screen"

- Left side of floor is cleared for 3 to drive off of high ball screen from 4
NBA Sets
Pheonix Suns "Same"

- 1 passes to 2 and then cuts to the ball side corner

- Ball gets passed to 4
- 2 shuffle cuts off a screen from 5
NBA Sets
Pheonix Suns "Same"

- Ball gets reversed to 3
- 4 and 5 set a double staggered screen for 1 in the corner

- If 1 does not have a 3, 4 and 5 set a double staggered screen for 2
NBA Sets

Tony Barone "Stong with Flex"

- 1 dribble entries and passes to 4
- 2 cuts to the corner

- 2 cuts off of 5 on a flex screen
NBA Sets

Tony Barone "Stong with Flex"

- Ball goes to 3 at the wing
- 2 cross screens for 5
- 4 down screens for 2

- Ball gets reversed to 2 while 4 sets a ball screen
NBA Sets
Nuggets Early Ball Screen Slip Action

- In transition, 1 dribbles the right side of the floor
- 4 down screens for 3 to cut to the key

- 5 sprints to set a high ball screen but immediately slips to the basket
NBA Sets

Lob Quick Hitter

- Shooters spot up in the corner and wing
- 5 sets a high ball screen for 1
- When X4 comes to help, 4 back cuts for the lob pass from 1
NBA Sets

Heat A Set Flex Action

- 1 passes to to 4 and then rub cuts off of 5 to the block

- 2 then can use a flex screen from 1 or use a down screen from 4
NBA Sets

Bulls Corner Ball Screen Action

- 5 sets a high balls screen for 1
- Ball gets passed to 2 and then to 3
- 2 clears to the opposite wing

- 5 sprints to set a corner ball screen for 3
- 3 drives the middle and looks to finish or dish to 4 on the back cut
NBA Sets

Wing Ball Screen Action

- 1 passes to the wing and UCLA cuts to the block
- 2 gets in position to screen for 1
- 5 steps out for reversal

- 4 sets a wing ball screen and then rolls to the basket
- 2 sets a screen for 1 cut to the wing

All Contents Proprietary
NBA Sets

Wing Ball Screen Action

- Ball gets reversed to 1 and 5 sets a wing ball screen for 1
NBA Sets

Flex Action with Hand-Off

- 1 passes to 3 and cuts off of a UCLA back screen
- 2 clears to the corner

- Ball gets reversed to 4
- 3 cuts on a flex screen set by 1
NBA Sets

Flex Action with Hand-Off

- 5 down screens for 1
- 1 gets a dribble hand-off from 4
- 3 clears to the corner
NBA Sets

Indiana 3 Point Quick Hitter

- 3 cross screens for 2 to cut to the corner

- 4 adn 5 set a staggered down screen for 3 to cut to the top of the key for a 3
NBA Sets

Indiana High Ball Screen Action

- 3 clears to the opposite corner
- 4 cuts to the corner
- 5 screens for 2 to cut to the opposite wing

- 5 sets a ball screen for 1
- 1 can look to score or kick to any open man
NBA Sets
Single Stagger Set

- 1 dribbles at 2
- 2 loop cuts off of a down screen from 4
- 3 cuts to the block

- 4 adn 3 set a double back screen for 1
NBA Sets

Single Stagger Set

- 1 can use a single screen or a double screen

- 1 receives the ball at the wing and then gets a wing ball screen from a post
# NCAA Sets

## Table of Contents

<table>
<thead>
<tr>
<th>Set Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sean Miller &quot;High Action&quot;</td>
<td>41</td>
</tr>
<tr>
<td>Sean Miller &quot;Staggered Ball Screen&quot;</td>
<td>43</td>
</tr>
<tr>
<td>&quot;Quick Hitter&quot;</td>
<td></td>
</tr>
<tr>
<td>Mark Few &quot;Early 3&quot;</td>
<td>44</td>
</tr>
<tr>
<td>Brad Stevens &quot;NJ Nets&quot;</td>
<td>45</td>
</tr>
<tr>
<td>Brad Stevens &quot;Dive&quot;</td>
<td>46</td>
</tr>
<tr>
<td>Norm Roberts &quot;Low&quot;</td>
<td>47</td>
</tr>
<tr>
<td>Norm Roberts &quot;Out&quot;</td>
<td>48</td>
</tr>
<tr>
<td>Norm Roberts &quot;Up&quot;</td>
<td>49</td>
</tr>
<tr>
<td>2009 Louisville Set</td>
<td>50</td>
</tr>
<tr>
<td>Bobby Lutz &quot;3 Set&quot;</td>
<td>52</td>
</tr>
<tr>
<td>Duke &quot;1&quot;</td>
<td>53</td>
</tr>
<tr>
<td>Duke &quot;1-4 Set&quot;</td>
<td>54</td>
</tr>
<tr>
<td>Duke &quot;3 Post&quot;</td>
<td>55</td>
</tr>
<tr>
<td>Duke &quot;A Set Flex 1&quot;</td>
<td>56</td>
</tr>
<tr>
<td>Florida &quot;2 Up&quot;</td>
<td>57</td>
</tr>
<tr>
<td>Florida &quot;2 Down&quot;</td>
<td>58</td>
</tr>
<tr>
<td>Kansas &quot;Back Door&quot;</td>
<td>59</td>
</tr>
</tbody>
</table>
NCAA Sets - Contents (cont.)

Michigan State "Screen Screener" 60

Wisconsin "Double Fences" 61

UCONN High Ball Screen 63

Double Staggered Set 64

UCONN Lob 65

UCONN Single Double Entry 66
NCAA Sets

Sean Miller "High Action"

- 3 cuts through to the opposite corner
- 4 down screens for 2 to receive the ball from 1

- 5 flare screens for 1 who receives the ball from 2
NCAA Sets

Sean Miller "High Action"

- 5 sets a ball screen for 1
NCAA Sets

Sean Miller "Staggered Ball Screen" Quick Hitter

- 1 dribbles to the wing and receives a double staggered ball screen
- 2 and 3 spot up for kick outs
NCAA Sets

Mark Few "Early 3"

- 2 and 3 cut to the wing
- Ball is passed to 2 and 1 cuts to the opposite corner
- 3 L cuts to the key to receive the ball from 2

- 1 baseline cuts off of screens from 5 and 4 for a 3
NCAA Sets
Brad Stevens "NJ Nets"

- Ball is passed to the wing
- 1 and 4 scissor cut off of 5 at the high post

- 5 sets a ball screen for 2 at the wing
- 5 can roll or pop after setting the screen
NCAA Sets
Brad Stevens "Dive"

- 3 L cuts to the wing and 2 cuts to the corner
- Ball gets passed to 3

- 4 cross screens for 5 who comes to set a wing ball screen
- 4 shapes up and 5 dives to the basket
NCAA Sets
Norm Roberts "Low"

- 3 cuts between 2 and 5 to receive the ball

- 2 and 5 set a double screen for 4 to cut to the ball side
NCAA Sets

Norm Roberts "Out"

- 5 and 2 cross screen for 4 and 3 to cut to the wings
NCAA Sets

Norm Roberts "Up"

- 1 dribble entries
- 2 screens for 4 to cut to the corner

- 5 down screens for 2 who pops to the key for a 3
NCAA Sets

2009 Louisville Set

- Ball gets reversed around to 2
- 5 sets a back screen for 1 to cut to the hoop

- 5 screens for 3 to cut to the elbow
- If 3 does not get the ball, he L cuts to the key
- 4 sets a wing ball screen for 2
NCAA Sets

2009 Louisville Set

- 5 down screens for 3
- 4 sets a back screen for 2 to flare to wing

- 4 sets a back screen for 3 and then proceeds to set a wing ball screen for 1
NCAA Sets

Bobby Lutz "3 Set"

- 3 receives the pass from 1
- 1 quick cuts and then fills opposite corner

- 3 dribbles down
- 4 and 5 set a double staggered screen for 2 for a 3
NCAA Sets
Duke "1"

- 2 flashes to the wing to receive pass from 1

- 3 curls off a 4 screen to pop to the top of the key
NCAA Sets

Duke "1-4 Set"

- 2 screens for 4 and 5 screens for 3 to get open on the wings

- Ball is passed to 3 at the wing
- 2 clears to the corner
- 1 and 5 set a double screen for 4 to curl to the basket
NCAA Sets
Duke "3 Post"

- Ball enters the high post and the opposite post flare screens for 1
- 3 cuts to the block

- 5 down screens for 3
- 5 looks for high low after screen
NCAA Sets

Duke "A Set Flex 1"

- 1 enters the ball to the high post and rub cuts to the opposite low block
- 1 sets a flex screen for 3

- 4 down screens for 1 to pop for a 3
NCAA Sets

Florida "2 Up"

- 2 screens for 3 to cut to the basket
- 2 shapes up to receive pass from 1

- 5 down screens for 3 to pop to the key for a 3
- 5 then posts up
NCAA Sets

Florida "2 Down"

- 4 and 5 set screens for 2 to cut to the opposite wing

- 4 and 5 then set down screens for 3
NCAA Sets

Kansas "Back Door"

- 1 passes to 2
- 5 back screens for 1 to cut to the block

- 1 screens for 3 to flash to the lane
- 5 sets a ball screen for 2
NCAA Sets

Michigan State "Screen Screener"

- 2 sets a diagonal down screen for 4 to cut to the key
- 1 clear dribbles to create passing angle

- 5 sets a cross screen for 2
NCAA Sets
Wisconsin "Double Fences"

- 1 passes to 2 and then UCLA cuts off of 5's back screen

- 5 shapes up to receive ball from 2
- 3 and 4 set double staggered screens for 1
NCAA Sets

Wisconsin "Double Fences"

- 4 spaces out
- 2 and 5 set a double screen for 3
NCAA Sets

UCONN High Ball Screen

- 3 comes off a double baseline screen while 1 gets a high ball screen

- 4 then sets a down screen for 2 to pop to the wing
NCAA Sets

Double Staggered Set

- 2 comes across a double staggered cross screen
- 3 cuts to the rim

- 4 and 5 sets a double staggered down screen for 3
NCAA Sets

UCONN Lob

- 3 rubs off a double screen at the elbow for the lob
NCAA Sets
UCONN Single Double Entry

- If 3 uses the single screen, then 2 uses the screen from 5

- If 3 uses the double screen, then 2 comes off the single
# High School Sets

## Table of Contents

<table>
<thead>
<tr>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steve Smith &quot;40&quot;</td>
<td>68</td>
</tr>
<tr>
<td>Steve Smith &quot;41&quot;</td>
<td>71</td>
</tr>
<tr>
<td>Steve Smith &quot;42&quot;</td>
<td>72</td>
</tr>
<tr>
<td>Steve Smith &quot;43&quot;</td>
<td>73</td>
</tr>
<tr>
<td>Roger DiCarlo II &quot;Double Wing&quot;</td>
<td>75</td>
</tr>
<tr>
<td>Roger DiCarlo II &quot;Nova&quot;</td>
<td>76</td>
</tr>
<tr>
<td>Roger DiCarlo II &quot;Gator&quot;</td>
<td>77</td>
</tr>
<tr>
<td>Jerry Petitgoue &quot;Double&quot;</td>
<td>78</td>
</tr>
</tbody>
</table>
High School Sets

Steve Smith "40"

- 5 flashes to receive ball from 1
- 2 curl cuts off of 4
- 4 then pops

- Ball gets passed to 4
- 2 sets a back screen for 5 for the lob
High School Sets
Steve Smith "40"

- 2 shapes up after back screen
- 3 comes off of triple baseline screen

- 2 uses dribble to create better passing lane to 3
- If no scoring opportunity, 1 comes off of screen from 5
High School Sets

Steve Smith "40"

- 4 flashes high to receive ball from 1 and to look to 5 for high low action
High School Sets
Steve Smith "41"

- 1 passes to 2
- 4 dives and then clears to opposite block
- 3 goes to corner, and 1 replaces 3

- 5 sets wing ball screen for 2
- 5 rolls to basket
High School Sets
Steve Smith "42"

- 1 passes to 2
- 4 dives to the block and post up
- 3 cuts to position himself for staggered screen

- 5 adn 4 set a staggered screen for 3
High School Sets

Steve Smith "43"

- 1 passes to 2 and UCLA cuts to the block
- 5 and 3 cut to the baseline

- 4 shapes up and 3 cuts to the wing to receive the ball from 4
High School Sets
Steve Smith "43"

- 5 posts up
- 4 and 2 set a down screen for 1 to pop for a 3
High School Sets

Roger DiCarlo II "Double Wing"

- Ball gets passed to the wing and 1 cuts to the block

- 5 and 4 set a double ball screen on the wing
- 3 sets a screen for 1 to cut to the wing for a 3
High School Sets
Roger DiCarlo II "Nova"

- 4 sets a high ball screen for 1
- Wings drop to the corners

- 4 and 5 set a staggered down screen for 2 to cut to the key for a 3
High School Sets
Roger DiCarlo II "Gator"

- 1 dribble entries to the wing
- 3 back cuts to the block
- 2 cuts to the ball side corner

- 4 and 5 set down screens for 3 to pop to the key for a 3
High School Sets

Jerry Petitgoue "Double"

- 2 sets a cross screen for 3 to cut to the ball side block

- 4 and 5 then set a double down screen for 2 to pop to the key for a 3