CLOSEOUT DRIVING, SHOOTING, AND SHOT FAKE SERIES

Diagrammed below are a series of three drills which teach the defensive closeout and the drive shot, and shot fake offensive techniques.

CLOSEOUT - DRIVE

#4 passes to #1 and sprints out on a defensive closeout. #1 catches the ball in a triple threat position and drives right. #1 passes to #2. #5 steps on in a defensive help position. #1 sprints to the end of the line and #4 replaces #1.

CLOSEOUT - SHOT

#4 passes to #2 and sprints out on a defensive closeout. #2 catches the ball in a triple threat position and takes the shot.

CLOSEOUT - SHOTFAKE - DRIVE - SHOT

#4 passes to #2 and sprints out on a defensive closeout. #2 catches the ball in a triple threat position, shot fakes, drives right, and takes the shot.

#5 sprints out on a defensive closeout. #2 catches the ball in a triple threat position and drives left. #2 passes to #3. #6 steps on in a defensive help position. #1 sprints to the end of the line and #4 replaces #1.

#6 sprints out on a defensive closeout. #3 catches the ball in a triple threat position and drives right. #3 passes to #4. #7 steps on in a defensive help position. #2 sprints to the end of the line and #5 replaces #2. The drill continues.

#2 sprints for the rebound. #5 passes to #1 and sprints out on a defensive closeout. #1 catches the ball in a triple threat position and takes the shot. #4 replaces #2, and #2 goes to the end of the line.

#1 sprints for the rebound. #6 passes to #3 and sprints out on a defensive closeout. #3 catches the ball in a triple threat position and takes the shot. #5 replaces #1, and #1 goes to the end of the line.

#2 sprints for the rebound. #5 passes to #1 and sprints out on a defensive closeout. #1 catches the ball in a triple threat position, shot fakes, drives right, and takes the shot. #4 replaces #2, and #2 goes to the end of the line.

#1 sprints for the rebound. #6 passes to #3 and sprints out on a defensive closeout. #3 catches the ball in a triple threat position, shot fakes, drives left, and takes the shot. #5 replaces #1, and #1 goes to the end of the line.